



# COMING OFF GLP-1

Your next chapter  
deserves a strategy



**GHS CLINICS**  
ADVANCED HEALTHCARE. TAILORED FOR YOU

# YOU'VE DONE THE HARD PART. NOW, LET'S MAKE IT LAST

01

You've made changes. You've invested in your future.

02

Coming off GLP-1s can feel like losing your safety net. We're here to help you step forward, not slide back

03

Our Taper Support Plan is strategic. Behavioural, nutritional and, psychological. Built for life after medication.

## MEDICATION GOT YOU STARTED.

STRATEGY GETS  
YOU FURTHER

Protect your progress

Feel in control

Build habits that hold

Move into what's next, with structure, not stress



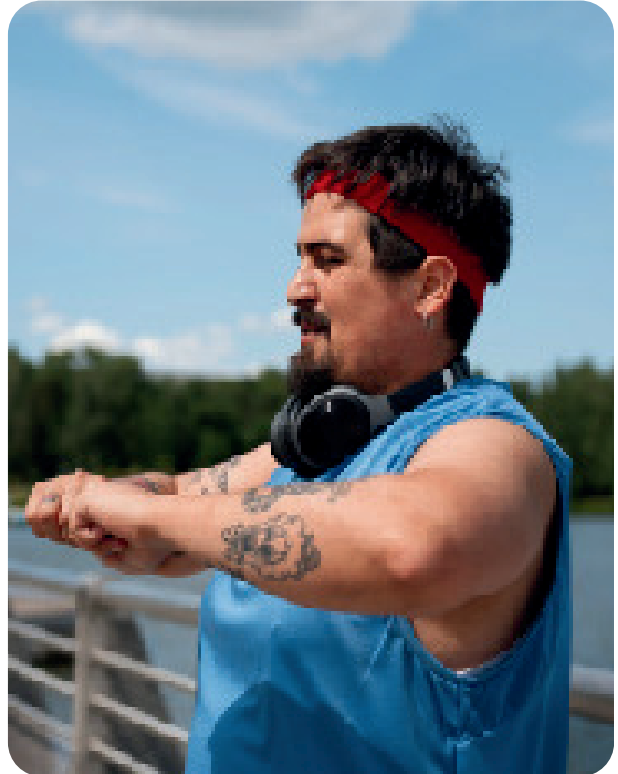
# CHOOSE THE SUPPORT THAT FITS YOU BEST

/01

## Core Support Pack

- 1:1 strategy session
- 1:1 follow-up session
- GLP-1 Exit Map
- Digital support tools
- Second Prime Reset video series access
- Priority access to clinical taper services (if needed, available from July)

**£395**



/02

## Enhanced Support Pack

Everything in the Starter Pack, plus:

- Dedicated behavioural coach
- Nutritional reset planning
- Movement support
- 3 weekly email prompts for 12 weeks
- Personalised support plan with actions

**£795**



Non-clinical. Research-informed. Delivered by trained GHS coaches and therapists.  
No prescriptions. No diagnostics. Just intelligent structure, built around you.

# YOU DIDN'T COME THIS FAR TO GO BACKWARDS

It's not just about weight.  
It's about who you are.

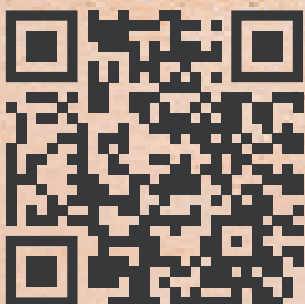
01

This journey isn't just about numbers, it's about who you are, where you're headed, and honoring how far you've come.

Let's build a plan  
for what's next.

02

Now is the time to look forward. We'll create a plan that respects your past and empowers your future, helping you feel stronger, more confident, and truly ready for what comes next.



**BOOK YOUR TAPER  
SUPPORT SESSION TODAY!**

[ghsclinics.health/taper-support](https://ghsclinics.health/taper-support)  
Online or Cheltenham  
01242 262 007

